

# Waiver and Release of All Claims by Client

Date: \_\_\_\_\_

The CLIENT acknowledges that any program of fitness exercise involves a risk of injury. Whole Body Fitness, LLC shall not be liable for any injuries or damage to the undersigned, or the property of the undersigned, subject to any claim, demand, injury or damages whatever, including, without limitation, those damages resulting from acts of active or passive negligence on the part of the CLIENT

The CLIENT represents that he/she has been recently examined by a medical doctor and been found able to undertake a program of exercise.

It is agreed that Whole Body Fitness, LLC shall not be responsible or liable to the undersigned for articles lost or stolen in connection with Whole Body Fitness, LLC services.

For and in consideration of the design of an exercise program for

\_\_\_\_\_ known as the "CLIENT" by Whole Body Fitness, LLC, CLIENT agrees:

1. that any exercise program shall be undertaken by CLIENT at his/her sole risk; and
2. that Whole Body Fitness, LLC shall not be liable to CLIENT, nor any other person, for any claims or causes of action whatsoever arising out of or connected with the services of Whole Body Fitness, LLC; and
3. that CLIENT hereby releases and discharges Whole Body Fitness, LLC from any such claims or actions.

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Signature of CLIENT